

## Registration Form

- ◆ To register online using Paypal, go to [www.footfalldance.com/registration](http://www.footfalldance.com/registration).
- ◆ To register by mail, send this form (with your payment) to Jerry Blum, 4520 Fidelity Court, Annandale, VA 22003-4525. Please print all information legibly. Use a separate form for each registrant. Make checks payable to **FootFall**. Confirmation by email unless you include an SASE.

Name: \_\_\_\_\_

Address: \_\_\_\_\_

Day phone: \_\_\_\_\_

Evening phone: \_\_\_\_\_

Email: \_\_\_\_\_

*Check the box next to address, telephone number and/or email if you do NOT want it printed on the attendee list.*

### For gender balance:

My gender:  M  F

I am registering with: \_\_\_\_\_  M  F

**Age/Fee:**  14-25 \$150  
 26+ \$205

Kitchen or sweeper fellowship \$120

### Food preferences:

Omnivore  No red meat  Vegetarian

### Housing preferences:

Men only  Women only  Couples only

Parent(s) with teenager(s)

I would like to share a cabin with \_\_\_\_\_.

I plan to tent. (*You'll still be assigned a cabin.*)

**Air Conditioning:**  Yes  No  No preference

**Specific Cabin:** I would like to be assigned to Cabin \_\_\_\_\_.

(*Give location or specific cabin, e.g., "near pool," "25," "downhill."*)

### Carpooling:

I need a ride to/from \_\_\_\_\_.

I can give a ride to/ from \_\_\_\_\_.

## Timber Ridge Camp

Owned by the Greenberg family since 1955, Timber Ridge Camp is a 200-acre facility, located on gentle, sloping ground in a horseshoe bend of the Cacapon River, just a few miles from Capon Bridge/Bufalo Gap.

Meals (cafeteria style) will be served in the Dining Hall (there are outdoor picnic tables as well). There's a swimming pool, tennis and volleyball courts, and easy access to the Cacapon, one of the premier canoeing streams in the East.

All cabins have showers. A few have air conditioning. Some single or double rooms with private or semi-private baths will be available. No smoking is permitted in any camp building; no pets are permitted.

In 2006 the camp owners installed a sprung hardwood dance floor in the gym, where all evening dances are held. The nearby Playhouse includes another sizeable dance floor.

**Age Limitations:** All attendees must be at least 14 years of age. Dancers ages 14-18 may attend with a paying adult.

**Registration:** Register early to ensure your acceptance. FootFall will send confirmation, directions, and additional information by mail (with SASE) or by email. FootFall does gender balance. Registrations are non-transferrable. Your priority on our waiting list (and cabin allocation) will be determined by your application postmark or on-line registration date.

**Cancellation Policy:** If you notify the registrar on or before Friday, August 20, we will return your fee, less \$20 handling. Refunds requested after August 20 will be provided only if we can fill your spot.

**Late Registration Policy:** If you register after August 20, please add a \$25 late registration charge to your fee.

**Meals:** Dinner and late night snack on Friday; breakfast, lunch, dinner and late night snack on Saturday; breakfast and lunch on Sunday. A refrigerator will be available for special diets, medicine, etc.

## The Fourth Annual

# FOOT Fall

**September 10-12, 2010**

Music by

**Night Watch,  
The Contraptions, &  
The Love Mongrels**

Lively Contras and Squares

Called by

**Bob Isaacs &  
Adina Gordon**

Entertaining and  
Educational Workshops

at Timber Ridge Camp,  
High View, West Virginia  
[www.footfalldance.com](http://www.footfalldance.com)

## Music

- ◆ The dynamic members of **NIGHT WATCH** meld their Northern and Southern sounds to make irresistible music. **Naomi Morse** (fiddle), **Elvie Miller** (piano and accordion), and **Owen Morrison** (guitar, mandolin, and foot percussion) first played together as children at Pinewoods Camp. Their irresistible blend, lilting tunes (many original), and driving arrangements are a delight. Listen to some clips at [www.nightwatchacoustic.com/](http://www.nightwatchacoustic.com/)
- ◆ **Contraction** (*kuhn-trap-shuhn*) – a device that is very useful for a particular job. **THE CONTRACTIONS** (*kuhn-trap-shuhn*) – a fabulous music machine – a Philadelphia-based trio who can play for contra, squares, English Country, Morris, hambo, waltz, and more. **Chloe Maher** on keyboard, **Bill Quern** on mandolin, banjo, fiddle, and harmonica, and **Nora Smith** on fiddle make music that's way more tasty than a cheesesteak – listen to a taste at <http://www.thecontractions.com/>
- ◆ **THE LOVE MONGRELS** are a DC-based stringband featuring four exceptional pickers – **Orrin Star** (mandolin, guitar and banjo), **Danny Knicely** (mandolin and guitar) **Alexander Mitchell** (fiddle), and **Ralph Gordon** (bass). With energetic and eclectic versions of everything from Tin Pan Alley standards ("Tico, Tico") to modern contra classics ("Evil Diane"), these cats really know how to howl. The FootFall website has a soundbite.

## Callers

- ◆ **BOB ISAACS**, an inspiring caller and exceptional writer of dances, will lead you through high-energy contras and squares including "wreck-tangles" – grid squares, zias, and more. Outstanding workshops and fabulous evening dances. You can watch one of his "zias" at [www.youtube.com/watch?v=dZiGpFJQStg1&index=42](http://www.youtube.com/watch?v=dZiGpFJQStg1&index=42)
- ◆ **ADINA GORDON** has called dances in 33 states (including, she says, the "state of bliss"). Her clear and energetic teaching and unerring choice of dances are a hallmark of this fine caller. Workshops include a set that might require starting blocks and track shoes. <http://www.youtube.com/watch?v=UzHiRyHL48w>

## Dance Workshops

- ◆ **Intermediate/Advanced Waltz.** "Get her on your left hip." All-in wrestling? No, it's a waltz lead. **GAYE FIFER** and **WAYNE ALBRIGHT** will enlarge your dance vocabulary

(verbal and physical) with two waltz workshops plus early morning waltz (recorded music).

- ◆ **English Country Dancing.** ECD is boisterous, elegant, silly, intricate, lyrical and bouncy, sometimes simultaneously. Three workshops taught by **MELISSA RUNNING**, each with a different set of musicians, plus an early evening dance (Sat.) with music by **Night Watch**.
- ◆ **Kerry Sets.** **OWEN MORRISON** will teach one (or more) of these fast and bouncy tight-space squares.
- ◆ **Dutch Crossing.** **GAYE FIFER** will teach the complex interlocking patterns of the dance, which generates a transcendent sense of accomplishment and community.
- ◆ **Valses Impaires.** **TED HODAPP** and **LYNN BAUMEISTER** explore mind-bending asymmetric French waltzes – 5-count, 8-count, and maybe even 11-count!
- ◆ **Write a Dance.** Led by master dance choreographer **BOB ISAACS**. Bring a move you'd like to incorporate
- ◆ **Some People Call it Maurice.** Morris dancing is a stick-clashing, bell-ringing, kerchief-waving dance form that requires energy and a sense of humor. **THE CONTRACTIONS** will teach you Morris survival skills.
- ◆ **Hambo.** **TED HODAPP** and **LYNN BAUMEISTER** will review the basics and offer style pointers. All levels.
- ◆ **Cajun workshop.** **SU PECK** teaches the traveling two-step and more.(recorded music). All levels.
- ◆ **International.** **JAMIE PLATT** aka The Sound Guy leads line and circle dances (recorded music).

## Non-Dance Stuff

- ◆ **Sing-Sing.** Saturday morning, it's rounds and more. Sunday it's Shape Note Singing.
- ◆ **TED HODAPP** will lead the audience participation **Joke Show** at the break on Saturday night.
- ◆ **FootSore.** Camp doctor **SUSAN SCHMITT** will explain how to care for the 26 bones, 33 joints, 107 ligaments, and 19 muscles and tendons in your feet
- ◆ **Where there's a Will,** there's litigation. Organizer **APRIL BLUM** (a paralegal) will explain powers of attorney, Wills, and trusts.
- ◆ **Pit-zicatto.** U of Md's **JOHN MERCK** will provide a guided tour of the Camp's fossil pit. You dig it, you keep it.
- ◆ **A Rabbi and a Penguin Walk Into A Dance Weekend.** **ORRIN STAR** hosts a good old-fashioned joke-telling session. Bring one to share - or just sit back and enjoy.

## very very very very VERY Tentative Schedule

| Friday, September 10   |   |                   |                |                            |
|------------------------|---|-------------------|----------------|----------------------------|
| 4-6 pm                 | Check in, cabin assignment, free swim   |                   |                |                            |
| 6:15-7:30              | <b>Announcements at 6:15, Dinner at 6:30</b>  |                   |                |                            |
| 8-11:30                | Dance with Night Watch  |                   |                |                            |
| 11:30 - ?              | Snack( <b>Dining Hall</b> ) & Late night swim 11:45-?                                     |                   |                |                            |
| Saturday, September 11 |   |                   |                |                            |
| 7:15-8:30              | 7:15 Waltz (recorded music)   |                   |                |                            |
| 7:30-8:30              | <b>BREAKFAST</b>  |                   |                |                            |
| 7:15-8:30              | 7:15 Waltz (recorded music)   |                   |                |                            |
| 9-10:20                | Rounds/<br>Open Sing  | Intermed<br>Waltz | English<br>101 | Cajun Dance                |
| 10:30-<br>11:50        | Groundhog Contras<br>(w/shadows)  |                   | Morris         | French odd-<br>count waltz |
| 12-1:30                | <b>LUNCH 12-1; Swim/Nap workshop 1-1:30</b>   |                   |                |                            |
| 1:40-3                 | Zesty Contras   |                   | Hambo          | Write a Dance              |
| 3:10-4:30              | Wreck Tangles<br>(zias, squares, etc.)  |                   | English<br>102 | Kerry Sets                 |
| 4:40-5:40              | FootSore; Where there's a Will; Fossil dig;<br>open waltz; International; Comedy workshop |                   |                |                            |

## Check Website for Updates

| 5:40-6:15            | FootRest (nap workshop) / Open swim                  |                     |                |                   |
|----------------------|--|---------------------|----------------|-------------------|
| 6:15-7:30            | <b>Announcements at 6:15, Dinner at 6:30</b>         |                     |                |                   |
| 7:30-8:15            | Swing dance to recorded music in Gym                 |                     |                |                   |
| 7:30 - 9             | English Evening dance with Night Watch               |                     |                |                   |
| 8:30 - 11:30         | Contra dance w Contraptions & Love Mongrels          |                     |                |                   |
| 11:30 - ?            | Snack in <b>Playhouse</b><br>Late night swim 11:45-? |                     |                |                   |
| Sunday, September 12 |  |                     |                |                   |
| 7:15-8:30            | 7:15 Waltz (recorded music)                          |                     |                |                   |
| 7:30-8:30            | <b>BREAKFAST</b>                                     |                     |                |                   |
| 9-10:20              | Shape<br>Note  | Sizzling<br>Squares | English 103    | Advanced<br>Waltz |
| 10:30-11:50          | Velvet Contras                                       |                     | Dutch Crossing |                   |
| 12-1:45              | <b>LUNCH</b> from 12-1; swim/pack/nap                |                     |                |                   |
| 1:45 - 3:15          | Farewell Dance                                       |                     |                |                   |
| 3:15 - 4             | Pack, clean cabins, check out, final swim            |                     |                |                   |